**Calling all BITMO Retirement Life residents and Belle Isle TMO tenants aged 60+.**

Our Retirement Life communal rooms on Belle Isle Circus and Broom Nook are open most days with a variety of activities on offer.

These range from Bingo, Arts and Crafts, Cake Decorating, Knit and Natter, Wednesday breakfast club, Thursday lunch club and Sunday lunch club.

If you are interested, please contact me on 0113 3782180 for more details or pop along on the day.

**RETIREMENT LIFE UPDATED COMMUNAL ROOM ACTIVITIES 2024**

**BROOM NOOK COMMUNAL ROOM**

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| **ACTIVITY** | **PLACE** | **DAY & TIME** |
| BINGO | BROOM NOOK | Monday from 13:00 |
| ARTS & CRAFTS | BROOM NOOK | Wednesday 14:00 – 16:00 |
| COFFEE & CHAT (drop in) | BROOM NOOK | Thursday from 14:00 – 16:00 |

**26 BELLE ISLE CIRCUS COMMUNAL ROOM**

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| **ACTIVITY** | **PLACE** | **DAY & TIME** |
| ARTS & CRAFTS | 26 BELLE ISLE CIRCUS | MONDAY 14:00 – 16:00 |
| BREAKFAST CLUB | 26 BELLE ISLE CIRCUS | WEDNESDAY 08:00 – 11:00INDIVIDUAL PRICES – TAKEAWAYS AVAILABLE |
| BINGO | 26 BELLE ISLE CIRCUS | WEDNESDAY 11:30 – 13:30 |
| KNIT & NATTER (or just a natter) | 26 BELLE ISLE CIRCUS | WEDNESDAY 14:00 – 16:00 |
| COFFEE MORNING & if you want to stay on after LUNCH | 26 BELLE ISLE CIRCUS | THURSDAYS from 10:00. There is a charge for the meal and there may be a waiting list – pop along and have a chat with the organisers |
| CHAIR BASED EXERCISE | 26 BELLE ISLE CIRCUS | THURSDAYS 14:00 – 16:00 |
| SATURDAY SOCIAL | 26 BELLE ISLE CIRCUS | ALTERNATE SATURDAYS |
| SUNDAY LUNCH | 26 BELLE ISLE CIRCUS | BOOKING IN ADVANCE REQUIRED – TAKEAWAYS MAY BE AVAILABLE. PLEASE CONTACT CHERIE ON 07835210503 TO BOOK YOUR PLACE £5.00 CHARGE |

**58 BELLE ISLE CIRCUS COMMUNAL ROOM**

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| **ACTIVITY** | **PLACE** | **DAY & TIME** |
| BINGO | 58 BELLE ISLE CIRCUS | TUESDAY from 09:00 |
| BINGO | 58 BELLE ISLE CIRCUS | THURSDAY from 09:00 |
| BINGO | 58 BELLE ISLE CIRCUS | FRIDAY from 17:00 |

**These activities are for Retirement Life Residents and tenants aged 60+ who live on the Belle Isle estate.**

**Rules on the use of these facilities and a code of conduct applies at all sessions, anyone breaching these will be asked to leave.**